

# 2023 Reading List

- The Power of Fun: How to Feel Alive Again by Catherine Price
- Atomic Habits: An Easy & Proven Way to Build Good Habits & Break Bad Ones by James Clear
- Emotional Intelligence: Why It Can Matter More Than IQ by Daniel Goleman
- Atlas of the Heart: Mapping Meaningful Connection and the Language of Human Experience by Brené Brown
- Quiet: The Power of Introverts in a World That Can't Stop Talking by Susan Cain
- The Four Agreements by Miguel Ruiz

