

books light
the fire



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Through books we find the soulful fire
of self-love, courage and community



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Join us in experiencing
meaningful conversations over
books that ignite and inspire
personal growth alongside
other women with a shared
purpose.



Books Light the Fire is a way of living more authentically and intentionally for women. We do this by leaning on evidence-based methods that enhance our well-being - through reading, creativity and community.

We read non-fiction books and discuss them so we can meaningfully implement positive changes into our lives.



Our Purpose

- Live life more authentically and intentionally
- Be empowered to live more balanced lives
- Build a social network that supports you and provides the opportunity to give to others
- Practice creativity, joy and play
- Develop a growth-mindset

We help women live more authentic and intentional lives through three ways that provide an engaging and purposeful experience.

- **Six books a year that comes with:**

b

- Reading plan and worksheet
- Writing prompts and exercises
- Action steps to implement into your lives
- Interactive discussion offered live and virtually

- **Practice creativity through games, activities and arts and crafts**

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- These are an opportunity to play and connect with our inner child
- Considered a form of self-care, they help us connect with our authentic core. It's been said that it is through play that we truly see and show ourselves.

- Thoughtfully curated events for meaningful connection that include:
 - Practicing wellness, joy and creativity
 - Simply designed gift bags to support you
 - Celebrations such as International Women's Day
 - Vision Board Party, a signature event that is also offered separately.

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Spiritual Wellbeing *How Creativity Helps*

- 1 – Gets you into the state of flow which increases happiness
- 2 – Improves mental health by focusing the mind
- 3 – Connects you with joy through play

Vision Board Party

A signature event that inspires women to reach for their dreams



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BOOKS LIGHT
THE FIRE
COMMUNITY

YOUR
GOALS

PERSONAL
GROWTH,
FRIENDSHIPS,
MEANINGFUL
CONVERSATIONS,
CREATIVITY,
JOY,
PLAY,
HEALING,
WELLNESS

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our community



OUR JOURNEY & TIMELINE

Since we launched in 2018

1 *We had 17 people show up at our first ever meetup event on January 6, 2018*

2 *We've powered through more than 60 books and had great parties where we got to know each other a little more.*

3 *During the pandemic, we had the highest engagement, close to 20 attendees in total for both Braving the Wilderness and Year of Yes book discussions.*

4 *We supported BLM with a few events-*

- Watching Just Mercy followed by discussion*
- Honored Juneteenth*
- How to be an Antiracist by Ibram X. Kendi Book Discussion*

5 *Our highly engaged members have attended around 30-40 events to-date.*

your journey begins...

"Thank you for having this group. You have no idea of the work you are doing and how you're impacting lives. Mine included."

"What an amazing group of women, learning and growing together. You've built something incredibly unique and uplifting!"

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IG: @bookslightthefire